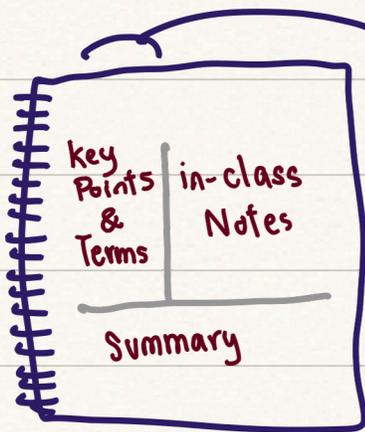


NOTE TAKING STRATEGIES

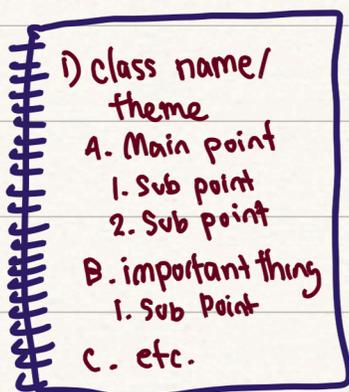
① SPLIT PAGE METHOD



spaces for reflection about what the main topics of a lecture were & follow the cues from lecture slides

Divide the page to organize information to see important things at a glance

② OUTLINE METHOD

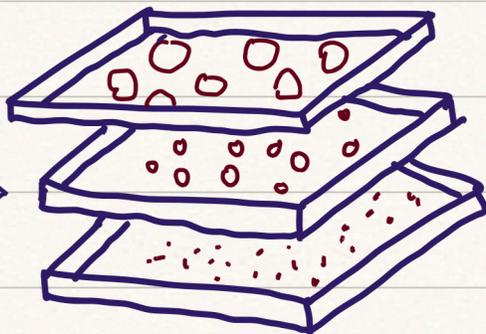


Separate information into category types

format using letters, numbers, symbols, colors, size ...

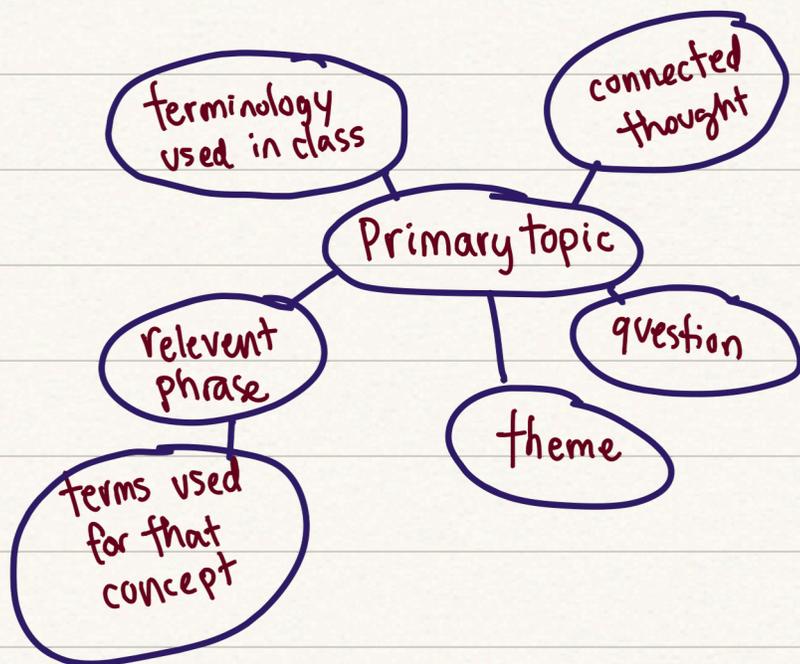


chaotic jumble of information!



sorted for easy recall

3 MAPPING METHOD



Arrange info in a fluid & visual way to see how the information connects!

tips & tricks



• When struggling to keep up with a lot of information - use the slides & textbooks! Your notes should be an ADDITIONAL source of information, catered to your own mind & understanding, not a stand alone source

• For all the above techniques, look for the underlying organization - Main theme, sub themes, additional points... Organize by importance & look for the connections

MODES OF NOTE-TAKING

PEN & PAPER



- Writing by hand creates the strongest mental connections with information
- endless options for writing tool
- only viewable with that notebook
- can't search terms
- has a physical order of pages to assist memory
- pro tip: you can buy inexpensive thermal printers to attach images/diagrams/text to your notebook

TABLET



- Writing by hand creates the strongest mental connections with information - digitally too!
- Saves to the cloud
- hand writing can be text-searched
- Can import images & PDFs to annotate & take notes with

expensive
☹️



LAPTOP

- Saves to the cloud
- text is searchable
- harder to format quickly



TEXTBOOK ANNOTATION

- no need to rewrite the important/ key information
- organized by table of contents
- only works for classes that follow a physical textbook

protip: you can use transparent sticky notes to keep the textbook in pristine condition

